

No Limits

ASCA 2022 Annual Conference

Virtual Sessions

Saturday, July 09

11:00 AM - 12:30 PM CT

Opening General Session – Rodney Robinson

11:00 AM - 12:30 PM, Saturday, July 09

(In Person, Virtual)

Overview:

Education Equity

The word “equity” is often bandied about in education circles, but what does it really mean? Let’s delve into equity in education – what it is, why all students deserve it and how school counselors can set their schools and districts on a path toward true equity. Rodney Robinson, 2019 Teacher of the Year, shares practical solutions to help end education inequities and energizes and empowers school counselors to make a lasting difference in their schools.

Rodney Robinson is a senior advisor with Richmond (Va.) Public Schools in charge of teacher and leader pathways. In 2015, he started teaching at Virgie Binford Education Center, a school inside Richmond Juvenile Jail, in an effort to better understand the school-to-prison pipeline. He was named the 2019 National Teacher of the Year and used his time as Teacher of the Year to advocate for cultural equity to make sure students have teachers and administrators who look like them and value their culture. Robinson was named 2019 HBCU male alumnus of the year by HBCUdigest.com. He was named #8 on the Root magazine’s Top 100 influential African Americans of 2019. His passion is helping the underprivileged and underrepresented populations in America.

Sponsored by Discover Student Loans

Audience: All Practice Levels

Level: All Experience Levels

2:30 PM - 3:30 PM CT

Address Achievement Gaps with Data

2:30 PM - 3:30 PM, Saturday, July 09

(In Person, Virtual)

Overview:

Today's school counselors are leaders, advocates and change agents. They function within those roles as they examine data to reveal student needs. School counselors disaggregate data to uncover racial inequities, implement evidence-based interventions to address those inequities and analyze data to assess the effectiveness of their interventions. Walk through the process of exploring, disaggregating and analyzing data, and learn about the remarkable results of a quantitative study that examined the impact of school-based mentoring on the academic achievement gap between Black and white students. Learn how to use these findings to reduce the achievement gap in your school.

Learning Objectives:

1. Disaggregate student data to identify achievement gaps
2. Develop SMART student outcome goals based on student data
3. Use the ASCA closing-the-gap action plan/results report to collect participation, Mindsets & Behaviors and outcome data aligned with student data and outcome goals

Speakers:

- Lorise Grey, *Counselor Educator, Walden University*

Audience: All Practice Levels

Level: All Experience Levels

The School Counselor's Role in Trauma Recovery

2:30 PM - 3:30 PM, Saturday, July 09

(In Person, Virtual)

Overview:

On Feb. 14, 2018, a gunman entered Marjory Stoneman Douglas High School in Parkland, Fla., killing 17 people and injuring 17 more. In the aftermath, the school district responded with recovery services for the entire school zone, including hiring additional school counselors. Learn how the team of school counselors worked to aid in recovery efforts following this large-scale traumatic event, including collaborations with trauma experts, classroom lessons, suicide prevention and support for the entire community.

Learning Objectives:

1. Identify ways to work with students, parents and staff who have been through a traumatic event, including research-based practices
2. Explain how school districts can use school counselors after traumatic events
3. Identify ways to help build resiliency skills in students through social/emotional learning

Speakers:

- Rachel Kusher, *High School Counseling Specialist, Broward County Public Schools, Ft. Lauderdale, FL*

Audience: All Practice Levels

Level: All Experience Levels

Creative Techniques in Counseling

2:30 PM - 3:30 PM, Saturday, July 09

(In Person, Virtual)

Overview:

Do your classroom lessons sometimes fall flat or aren't as impactful as planned? Discover activities, creative techniques and theory to keep students engaged and teach essential ASCA Student Standards. Incorporating creative techniques can increase lesson effectiveness; create a common understanding among stakeholders of healthy student mindsets and behaviors; improve communication among students, parents and staff; and add energy to your program. Experience the use of props, chairs, movement, writing/drawings and analogies in classroom lessons.

Learning Objectives:

1. Identify how creative techniques can reinforce targeted ASCA Student Standards for your school counseling program
2. Explain how counseling theory must drive sessions when using creative techniques
3. Identify at least three creative techniques to immediately incorporate in your lessons

Speakers:

- Richard Tench, *School Counselor, St. Albans High School, St. Albans, WV; Board Chair, ASCA*

Audience: All Practice Levels

Level: All Experience Levels

Anti-Racism Starts With Us

2:30 PM - 3:30 PM, Saturday, July 09

(In Person, Virtual)

Overview:

Now, more than ever, school counselors must integrate and implement culturally sustaining and antiracist practices into their work. The first step in creating anti-racist systems is self-reflection to increase awareness, identify biases and build cultural proficiency. Learn about a culturally sustaining, anti-racist model in which critical reflection serves as the basis of school counseling programs and a multitiered system of supports (MTSS). Walk away with activities and reflections that facilitate growth and promote anti-racist work for practicing school counselors engaged in anti-racist work.

Learning Objectives:

1. Identify key components of anti-racism in school counseling and MTSS
2. Practice self-awareness activities designed to facilitate cultural competence
3. Identify strategies to develop school staff self-awareness around culture, bias and anti-racism

Speakers:

- Damien Sweeney, *Program Coordinator for Comprehensive School Counseling, Kentucky Department of Education*
- Jennifer Betters-Bubon, *Associate Professor, University of Wisconsin-Whitewater*
- Rebecca Pianta, *Coordinator of College and Career Readiness, Santa Ana Unified School District, Santa Ana, CA*

Audience: All Practice Levels

Level: All Experience Levels

Teach Executive Functioning Skills

2:30 PM - 3:30 PM, Saturday, July 09

(In Person, Virtual)

Overview:

Learn how to teach executive-functioning skills in a variety of settings, such as classroom mini-lessons, psychoeducational small groups and parent educational workshops. Using the latest research and advice from psychologists, researchers and the Harvard Center on the Developing Child, hear about innovative strategies and activities to use with all students, with an emphasis on grades 5–8. These lessons can be used by teachers and school counselors in-person as well as online.

Learning Objectives:

1. Strategize ways to help students practice specific skills such as time management, organization, self-motivation and homework completion and strengthen attention, focus, memory and recall

Speakers:

- Lisa Lucore, *Wellness Counselor, Calabasas High School, Calabasas, CA*
- Nadia Lucero, *School Counselor, Cedar Valley Middle School, Round Rock Independent School District, TX*

Audience: Middle School

Level: All Experience Levels

4:00 PM - 5:00 PM CT

SEL on a Budget

4:00 PM - 5:00 PM, Saturday, July 09

(In Person, Virtual)

Overview:

Learn how one elementary school with a budget of only \$500 combined PBIS, SEL and school counseling into a comprehensive character program that resulted in 99% of students reporting a positive school experience and zero students reporting feeling bullied. Leave with practical strategies to create and implement your own unique program based on your school's data aligned with ASCA Student Standards and SEL goals. Discover ways to encourage teacher and administrator buy-in and involvement in SEL, and learn how to create a positive school environment for every child and staff member.

Learning Objectives:

1. Implement your own unique SEL program aligned with the ASCA Student Standards
2. Strategize ways to create a positive school environment for every child and staff member
3. Increase teacher and administrator buy-in and involvement with SEL

Speakers:

- Jessica Longland, *School Counselor, Kelly Elementary School, Burlington, KY*

Audience: Elementary School

Level: All Experience Levels

Support Students with ADHD

4:00 PM - 5:00 PM, Saturday, July 09

(In Person, Virtual)

Overview:

According to the Centers for Disease Control and Prevention, 6.1 million children have been diagnosed with ADHD, and 64% of those children have a comorbid emotional or behavioral disorder. Learn practical strategies for helping these students improve their executive-functioning skills. These strategies will help students with activation, focus, effort, emotion, memory and action. These tips are ideal for work with students but also also helpful during consultation and collaboration.

Learning Objectives:

1. Explain how ADHD and trauma affect a student's executive functioning and ability to achieve in the classroom
2. Identify the six areas of executive functioning
3. Identify at least one support strategy for each area of impaired executive functioning
4. Explain how to support teachers in achieving student success

Speakers:

- Laura Filtness, *School Counselor, Powell Elementary School, Powell, TN*

Audience: Elementary School

Level: Beginner

Business Partnerships for Career Programming

4:00 PM - 5:00 PM, Saturday, July 09

(In Person, Virtual)

Overview:

Learn about how middle and high schools in one county collaborated with local business partners to create connections and valuable programs for secondary students. Discuss new ways to have career conversations with students and examine how to partner with employers in your community to have ongoing, equitable career exploration opportunities.

Learning Objectives:

1. Discuss ideas to create valuable connections with business partners
2. Examine your school's current business partnerships and community resources
3. Design and implement virtual and/or in-person career exploration learning experiences for students

Speakers:

- April Corbin, *Career Counselor, Hanover and Mechanicsville High Schools, Ashland, VA*
- Shannon Edwards, *Career Counselor, Atlee and Patrick Henry High Schools, Ashland, VA*

- Alison Bollander, *Career Counselor, Bell Creek and Chickahominy Middle Schools, Ashland, VA*

Audience: All Practice Levels

Level: All Experience Levels

Grief Work in Today's World

4:00 PM - 5:00 PM, Saturday, July 09

(In Person, Virtual)

Overview:

We all experience grief, loss and death, yet we shy away from talking about it, even as school counselors. We ask questions such as, "What do I do now?" or "Am I supposed to be over it by now?" Imagine being a child and having to process these same questions. Dive deeper into understanding grief in today's world. Walk away with resources and tools to help your students on their grief journeys.

Learning Objectives:

1. After attending this session, you will be able to:
2. Discuss the varied signs and symptoms of grief
3. Use preferred terminology surrounding death
4. Adapt provided tools and resources to use with grieving students

Speakers:

- Gen Nelson, *School Counselor, Nixa Junior High School, Nixa, MO*

Audience: All Practice Levels

Level: All Experience Levels

Advocate Legally and Ethically for Marginalized Youth

4:00 PM - 5:00 PM, Saturday, July 09

(In Person, Virtual)

Overview:

School counselors can be powerful strategists when applying legal muscle to problems affecting the educational environment. Federal and case law can protect marginalized youth, yet there are still laws that can hinder school counselors' advocacy efforts. Intervening on behalf of students is infinitely easier if there is a law that provides leverage. Focus on the rights of students who are gay or transgender; in foster care; or victims of dating violence, sexual harassment or bullying. Legal understanding coupled with our ethical imperative to advocate is a formidable combination and increases the odds that school counselors will have sway in systemic change and individual support.

Learning Objectives:

1. Discuss federal, state and case laws that are pivotal in supporting your advocacy work with marginalized youth
2. Apply federal and case law to the ever-changing standard of care for school counselors
3. Discuss hypothetical cases and transfer your knowledge to your own practice

Speakers:

- Carolyn Stone, *Professor of Counselor Education, University of North Florida*

Audience: All Practice Levels

Level: All Experience Levels

Sunday, July 10

9:30 AM - 10:30 AM CT

Elementary Groups and Games

9:30 AM - 10:30 AM, Sunday, July 10

(In Person, Virtual)

Overview:

Learn about the importance of using data to intentionally create groups that support students through an equity lens and address achievement, behavior and discipline gaps in our buildings. Explore ways to develop groups with confidence, hear fun ways to build group connection, discover engaging activities and games to use, and implement meaningful closing activities.

Learning Objectives:

1. Strategize how to use data to develop intentional groups
2. Identify various games to use in small groups
3. Describe where to find achievement, behavioral and discipline gaps within your data

Speakers:

- Sarah Flier, *School Counselor, Willow River Elementary School, Hudson, WI*

Audience: Elementary School

Level: All Experience Levels

Build Your Own Student Support Initiative

9:30 AM - 10:30 AM, Sunday, July 10

(In Person, Virtual)

Overview:

Maximize what student services can do by implementing a robust Tier 1 social/emotional learning (SEL) program. The world has significantly changed since March 2020. Students need social/emotional support now more than ever. Follow one high school's journey of developing an SEL curriculum and implementing a student support initiative. Hear about the process from day one, including planning, curriculum writing, staff buy-in, roadblocks and eventual implementation. Leave with a variety of resources to begin the implementation of your own Tier 1 SEL model that can be tailored to meet all students' needs.

Learning Objectives:

1. Explain the purpose of an SEL curriculum and how it can be implemented
2. Discuss students' current SEL needs
3. Compile a plethora of resources to begin implementing an SEL program
4. Strategize how to shift resources to maximize student services within a school

Speakers:

- Len Egan, *Director of Student Services, West Chicago Community High School, West Chicago, IL*
- Nick Kempfski, *AVID Site Coordinator, West Chicago Community High School, West Chicago, IL*

Audience: All Practice Levels

Level: All Experience Levels

Equity-Focused Family Engagement Strategies

9:30 AM - 10:30 AM, Sunday, July 10

(In Person, Virtual)

Overview:

Family engagement in education is critical to student success, and school counselors are often called to be leaders in building these partnerships. Unfortunately, there is a common narrative in schools that some families are unreachable or that they don't care. Reframe the narrative of the disengaged family and discover different ways to conceptualize effective partnerships. Learn about the importance of school-family-community partnerships and the distinct roles adults have in supporting their children's education. Hear models of effective, equity-focused family engagement and the opportunities for school counselors to be leaders in their schools.

Learning Objectives:

1. Recognize biased narratives of the disengaged family and identify how to replace them with an equity-focused narrative and approach to family engagement
2. Explain the importance of being a family engagement leader in your school
3. Create your own action plan for incorporating equitable family engagement practices into your work

Speakers:

- Patrick Cunningham, *Graduate Research Associate and Doctoral Student, The Ohio State University*
- Sarah Shrewsbury, *Graduate Assistant and Doctoral Student, The Ohio State University*
- Ryan Max, *School Counselor, Pickerington Lakeview Jr. High School, Pickerington, OH and Doctoral Student, The Ohio State University*

Audience: All Practice Levels

Level: All Experience Levels

School Counselors Legal Literacy and Ethical Practice

9:30 AM - 10:30 AM, Sunday, July 10

(In Person, Virtual)

Overview:

School counselors must negotiate the competing interests of the overregulated school environment, students' need for confidentiality and parents' legal right to be the guiding voice in their children's lives. Address these competing interests by discussing court rulings and the new 2022 ASCA Ethical Standards for School Counselors. Focus on legal rulings and ethical practice in areas such as sexually active students, bullying, academic advising, child abuse, educational records, sexual harassment, First Amendment rights and transgender youth. Learn about recent changes in federal, case and state laws to improve your legal literacy and gain guiding principles to support best ethical practice.

Learning Objectives:

1. Discuss federal, state and case laws that are pivotal in supporting your advocacy work with marginalized youth
2. Discuss hypothetical cases and transfer your knowledge to your own practice
3. Explain the profession's standard of care in light of recent court rulings

Speakers:

- Carolyn Stone, *Professor of Counselor Education, University of North Florida*

Audience: All Practice Levels

Level: All Experience Levels

Lesson Planning

9:30 AM - 10:30 AM, Sunday, July 10

(In Person, Virtual)

Overview:

School counselors typically don't receive specific training on teaching strategies or lesson plan development. Using the ASCA lesson plan template ensures you include essential components and carefully consider strategies to promote the best possible results from your lessons. This tool facilitates quality work, and having plans on file adds another layer of credibility and excellence to the services you deliver to students.

Learning Objectives:

1. Develop a thoughtful lesson plan using the ASCA lesson plan template
2. Explain why using the lesson plan template is important
3. Provide examples of well-planned lessons

Speakers:

- Karen Griffith, *Certified Trainer, ASCA*
- Chon Hester, *Director of Advisement & Counseling Services, Henry County Schools, McDonough, Ga.*

Audience: All Practice Levels

Level: All Experience Levels

11:00 AM - 12:00 PM CT

Anti-Racism Perspectives: Both Sides Now

11:00 AM - 12:00 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Current trends focusing on equity and antiracism training require school counselors to lead such efforts. A chance meeting via social media brought together a Black male school counselor and a white male mathematics teacher. Their encounter led to an in-person meeting where substantive dialogue on the topic of antiracism in education took place. Hear their perspectives and experiences in integrating antiracism in education and school counseling. Learn the story of their unique backgrounds and unlikely pairing and how it can be used as a model for antiracism collaboration. Learn about factors that inhibit antiracism efforts in education and solutions for bringing about systemic change.

Learning Objectives:

1. Summarize the experiences of a Black and a white male educator working to increase achievement among historically marginalized racial minority students
2. Identify the challenges and barriers associated with integrating antiracism efforts in K–12 education
3. Identify strategies, practices and interventions for the integration of antiracism in K–12 education

Speakers:

- Tylon Crook, *Associate Professor, Liberty University*
- Jay Wamsted, *Mathematics Teacher, Campbell Middle School, Smyrna, GA*

Audience: All Practice Levels

Level: All Experience Levels

Change the Anxiety Conversation

11:00 AM - 12:00 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Hear strategies for working with anxious students and their families. Examine some of the most used interventions and why these may often do more harm than good. Discover alternative, more effective strategies, along with methods for introducing these to parents, students and classroom teachers. Examine your own levels of and reactions to anxiety and how this can influence the interventions you implement. Walk away with outlines for both a parent or educator book study, and an accompanying small group for students.

Learning Objectives:

1. Identify effective and ineffective strategies for working through anxiety
2. Access an outline for beginning and facilitating a parent book study and a small group with students using the book “Anxious Kids, Anxious Parents” by Reid Wilson and Lynn Lyons
3. Explain how your levels of and responses to anxiety affect your students

Speakers:

- Jean Bennett, *School Counselor, Oconee County High School, Watkinsville, GA*
- LeAnne Hale, *Social Worker, Oconee County School System, Watkinsville, GA*
- Cindy Murphy, *School Counselor, Barrow Arts and Science Academy, Winder, GA*

Audience: All Practice Levels

Level: All Experience Levels

Meld SFBC & Rational-Emotive Behavior Therapy

11:00 AM - 12:00 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Learn the steps to using a solution-focused rational-emotive approach to helping kids with anxiety and related issues.

Learning Objectives:

1. Explain the rationale for how the two approaches are integrated

2. Describe the ABCDE approach to rational-emotive behavior therapy
3. Explain the solution-focused techniques included in the mashup
4. Identify SF-REBT interview questions

Speakers:

- Russell Sabella, *Professor, Florida Gulf Coast University*

Audience: All Practice Levels

Level: Beginner

11:30 AM - 12:30 PM CT

Become a Transformational Leader

11:30 AM - 12:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

School counselors are called to be transformative leaders who address systemic, equitable change in education. When school counselors embrace their roles as school leaders by effectively working together with principals, they have a positive impact on educational outcomes. Despite this, school counselors often struggle with this area of their professional identity. Learn how you can integrate the four leadership contexts (structural leadership, human resource leadership, political leadership and symbolic leadership) into your practice. Hear examples of leadership resources and tips to support you in your role as a transformational leader.

Learning Objectives:

1. Discuss the school counselor's role as a transformational leader
2. Integrate ASCA's leadership framework in professional practice
3. Demonstrate an increased awareness of leadership resources
4. Develop a leadership action plan

Speakers:

- Eva M. Gibson, *Assistant Professor, Austin Peay State University*
- Sarah Brant-Rajahn, *Assistant Professor, Messiah University*
- Mariama I.C. Sandifer, *Assistant Professor, Columbus State University*

Audience: All Practice Levels

Level: All Experience Levels

Captivating Classroom Lessons

11:30 AM - 12:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Improve your program delivery and student outcomes by intentionally building engagement into your classroom lessons. Learn a variety of strategies, activities and tips for engaging introverted, extroverted, reluctant and eager learners when delivering content. Focus on effectively reinforcing skills.

Learning Objectives:

1. Examine your pedagogy to determine its impact on student engagement
2. Build, implement and evaluate lessons that incorporate strategies for engaging all learners

Speakers:

- Andrea Donegan, *School Counseling Consultant, Wisconsin Department of Public Instruction*
- Erika Spear, *School Counselor, Rice Lake School District, Rice Lake, WI*

Audience: Elementary School

Level: All Experience Levels

1:30 PM - 2:30 PM CT

Connect All Students in Suicide Prevention

1:30 PM - 2:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Suicide remains the second-leading cause of death among youth ages 10–24 years old. School counselors are in a unique position to teach resiliency skills and potentially prevent suicide. Learn how to decrease suicide ideation among your students by proactively teaching coping skills and providing other tier-leveled support in your school counseling program. Identify suicide prevention interventions for each tier, and plan events for Suicide Prevention Month. Identify ways to find your students' voices and save lives by connecting all students with a trusted adult and the support they need to persevere and thrive.

Learning Objectives:

1. Summarize recent data, statistics and research related to suicide rates among youth
2. Identify Tier 1-3 supports for suicide prevention to use in your school counseling program
3. Develop a comprehensive plan for suicide prevention and ideas to connect every student in your building
4. Design an outline of events for Suicide Prevention Month

Speakers:

- Angela Avery, *School Counselor, Sanford Middle School, Sanford, ME*

Audience: Middle School

Level: All Experience Levels

SEE Learning

1:30 PM - 2:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Prior to the pandemic, City Schools of Decatur began formalizing its social/emotional curriculum by aligning it with district initiatives. In the wake of the pandemic, the district realized is needed to accelerate the implementation to meet students' needs. Social, emotional and ethical (SEE) learning is an evidence-based, trauma-informed, strengths-based program created by Emory University's Center for Contemplative Science and Compassion-Based Ethics. The K–12 developmental curriculum focuses on attention training, compassion and ethical discernment, systems thinking, resilience and trauma-informed practice. Learn about this impactful program and

how to get it implemented in your district.

Learning Objectives:

1. Explain what SEE Learning is and how to acquire this free curriculum
2. Discuss how to implement SEE learning in your school
3. Describe the collaborative process to support students' mental health

Speakers:

- Dianne Acuña Andree, *Student Success Director, City Schools of Decatur, Decatur, GA*
- Kimberly Jones, *Lead Counselor, City Schools of Decatur, Decatur, GA*
- Benjamin Knaebel, *Coordinator of Section 504 and School Psychology, City Schools of Decatur, Decatur, GA*

Audience: All Practice Levels

Level: All Experience Levels

Tangible Strategies for Adverse Childhood Experiences

1:30 PM - 2:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Adverse childhood experiences (ACES) have a powerful impact on our students. Previously, our students may not have experienced an ACE in their lifetime, but with the pandemic all students have now experienced at least one ACE in their lifetime. Taking this into account, almost a quarter of students have experienced at least two ACES, and another quarter have experienced at least three ACES. Learn about protective factors enabling students to overcome ACES and interventions to easily implemented in the school and the classroom. Walk away feeling confident that you have the skills to be a trauma-informed school counselor and to help create a trauma-informed school climate.

Learning Objectives:

1. Define the different types of ACES
2. Explain how ACES affect students in the school environment and what that means for educators
3. Identify protective factors that help students cope with ACES
4. Apply interventions in the counseling office and classroom to help students with ACES

Speakers:

- Kristen Fuhrman Thomas, *School Counselor, Ecker Hill Middle School, Park City, UT*

Audience: All Practice Levels

Level: All Experience Levels

Create a Culture of Family Engagement

1:30 PM - 2:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

School counselors are leaders in connecting the school building to the community and are often at the forefront of working with families. Learn how to tackle family engagement that takes into consideration barriers, unique populations and community resources. By understanding the Family Engagement Model, you will self-assess current family programming and expand your toolbox to

support student success.

Learning Objectives:

1. Explain the link between family engagement and student achievement
2. Explain how cultural implications can lead to varying avenues of engagement
3. Develop opportunities for family engagement with key stakeholders in your community

Speakers:

- Caitlin Ivey, *School Counselor, Rocky Run Middle School, Chantilly, VA*
- Ariana Larson, *School Counselor, Rocky Run Middle School, Chantilly, VA*

Audience: All Practice Levels

Level: All Experience Levels

Race-Related Consultation with Teachers

1:30 PM - 2:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Unfortunately, it's not uncommon to hear BIPOC students refer to a teacher as racist or biased. The disproportionate discipline and achievement data also suggest a problem. As school counselors, we are uniquely positioned to spot racial problems in schools and lead efforts in addressing them. Hear practical tips and strategies for teacher consultation to end racist and biased behaviors.

Learning Objectives:

1. Describe what race-related consultation looks like and how it fits in the ASCA National Model
2. Identify three strategies for engaging race-related consultation with teachers
3. Describe the internal barriers to this work
4. Identify one action step for consulting toward antiracism in the next school year

Speakers:

- Joseph Williams, *Associate Professor, The University of Virginia*
- Balire Cholewa, *Associate Professor, The University of Virginia*

Audience: All Practice Levels

Level: Advanced

3:30 PM - 4:30 PM CT

Enhance Your Program via Technology

3:30 PM - 4:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Students need school counselors and school counseling support now more than ever. However, many school counselors are unable to serve students effectively due to job responsibilities that aren't focused on effective student support and success. Learn ways to advocate for school counseling services and garner support for comprehensive school counseling programs with easy-

to-use technology tools and programs. Learn to use programs such as Piktochart, Google Slides, Google Sites, Flippity and PowToons to create data reports, classroom lessons, interactive websites, informational presentations and fun games to utilize as advocacy tools to enhance student relationships.

Learning Objectives:

1. Identify technological tools to enhance student relationships
2. Create technological resources to showcase your school counseling program
3. Use data tools to advocate for your school counseling program

Speakers:

- Lezlie DeVecchio-Marks, *School Counselor, Burchfield Primary School, Allison Park, PA*

Audience: All Practice Levels

Level: All Experience Levels

DEI & Difficult Conversations

3:30 PM - 4:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

We are living in a society where terms such as “diversity, equity and inclusion” can have various meanings. To create an atmosphere where we value and respect all students and families with unconditional positive regard, all educators within the school system must use consistent, intentional and inclusive strategies and techniques. We thrive more as an educational community when we are able to look through the lens of the individuals we serve and empathize with their current beliefs, customs and values. Learn the difference between counseling and counseling skills, understand and define conversational competence, and develop a thorough understanding on how effective communication can build lasting relationships with students, staff and parents.

Learning Objectives:

1. Define diversity, equity and inclusion
2. Advocate and support the difference between counseling and counseling skills
3. Define and explain conversational competence
4. Explain how effective communication can build lasting relationships with students, staff and parents

Speakers:

- Ashley Wright, *School Counselor, Lucielle J. Bradley Elementary School, Spring, TX*
- Tiffany Blackwood, *School Counselor, Reynolds Middle School, Prosper, TX*

Audience: All Practice Levels

Level: All Experience Levels

Memorable Virtual Career Days

3:30 PM - 4:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Learn how to plan and execute a virtual career day your students will love and remember. Career days are excellent ways of getting your students exposed to a variety of jobs and careers they can

pursue after graduation. By hosting a virtual career day, you open the door to unlimited potential for speakers. Focus on the ins and outs of creating a virtual career day. Leave with everything you need to make a memorable experience for your students, no matter their age.

Learning Objectives:

1. Plan and implement a virtual career day

Speakers:

- Jessica Bradshaw, *School Counselor, Spring Creek Elementary School, Dallas, TX*

Audience: All Practice Levels

Level: All Experience Levels

Build an Inclusive School Culture

3:30 PM - 4:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

Research indicates school counselor multicultural competence, multicultural counseling efficacy and diversity knowledge help to minimize racial disparities in student disciplinary actions and poor academic performance. A primary factor influencing educator cultural competency and ethical practice is cultural bias. Personal perceptions, attitudes and social beliefs regarding diverse populations and cultural groups can have a negative impact on student mental health and create barriers to learning. Participate in unconscious and implicit bias discussions; review examples of racial, ethnic, gender, social class and sexual orientation stereotyping; and receive resources to help build an inclusive school culture.

Learning Objectives:

1. Define cultural bias and discuss the differences between implicit and unconscious bias
2. Discuss cultural bias and stereotyping implications for school counselors and educators
3. Examine your own biases and prejudices

Speakers:

- Melissa Lynch, *School Counselor, McEachern High School, Powder Springs, GA*
- H. Jeanette Vaughn, *School Counselor, McEachern High School, Powder Springs, GA*
- Jasmine Knight, *Associate Professor, Regent University*
- Michelle Tanner, *Assistant Professor, Regent University*

Audience: All Practice Levels

Level: All Experience Levels

ASCA Student Standards: Learning Objectives and Pre-/Post-Test

3:30 PM - 4:30 PM, Sunday, July 10

(In Person, Virtual)

Overview:

The ASCA Student Standards are broad standards that identify and describe the knowledge, attitudes and skills students should be able to demonstrate as a result of a school counseling program. School counselors use the standards to assess student growth and development, create culturally sustaining strategies and activities and build a program that helps students achieve their highest potential. To operationalize the standards, school counselors write or select measurable learning objectives aligned with specific mindsets or behaviors, which become the foundation for

classroom instruction, appraisal and advisement, and counseling activities addressing student developmental needs. As part of this process, school counselors also create and administer a pre-/post-assessment based on the student learning objectives and selected student standard.

Learning Objectives:

1. List the steps to implementing the ASCA Student Standards, with emphasis on writing learning objectives aligned with the student standards, creating pre-/post-assessment and administering pre-/post-tests

Speakers:

- Len Egan, *Director of Student Services, West Chicago Community High School, West Chicago, IL*
- Nancy Jarman-Dunn, *Certified Trainer, ASCA*

Audience: All Practice Levels

Level: All Experience Levels

Monday, July 11

9:00 AM - 10:30 AM CT

eXperiencED

9:00 AM - 10:30 AM, Monday, July 11

(In Person, Virtual)

Overview:

Don't miss eXperiencED – with inspiring keynotes by education change agents: Gavin Grimm, transgender rights activist; SaulPaul, musician with a message; and Aly Murray, executive director of UPchieve

Sponsored by Navigate360

Audience: All Practice Levels

Level: All Experience Levels

11:00 AM - 12:00 PM CT

Suicide Prevention, Intervention & Community Collaboration

11:00 AM - 12:00 PM, Monday, July 11

(In Person, Virtual)

Overview:

The Model School District Policy on Suicide Prevention outlines model policies and best practices for school districts to follow to address student health and safety. It is critical that school districts have policies and procedures in place to assess the risk of, intervene and respond to youth suicidal behavior. Prevention programs and policies can help deter suicide ideation and provide resources for adolescents. While it is imperative for school counselors to counsel and support students, they often walk an ethical tightrope when asked to perform risk assessments while also having to weigh out the risk of liability within their role.

Learning Objectives:

1. Summarize the Model School District Policy on Suicide Prevention
2. Discuss how to foster a successful community partnership with mental health professionals who are qualified to provide same-day suicide risk assessments
3. Explain how to ethically meet the needs of the policies and procedures in place to prevent, assess the risk of, intervene and respond to youth suicidal behavior
4. Describe how to establish an ethical process for providing suicide risk assessments

Speakers:

- Jennifer Hart, *District Crisis Resource Counselor, Albuquerque Public Schools, Albuquerque, NM*
- Vicki Price, *Senior Director of Counseling Services, Albuquerque Public Schools, Albuquerque, NM*

Audience: All Practice Levels

Level: All Experience Levels

Admission Trends You Need to Know

11:00 AM - 12:00 PM, Monday, July 11

(In Person, Virtual)

Overview:

The last few years have resulted in sweeping changes to the college admissions counseling landscape. Learn about the latest admissions trends and key takeaways to empower your work as a school counselor. Focus on NACAC's research and analysis as well as perspectives from college and admission counseling professionals. Get a deep dive into the latest shifts in the field.

Learning Objectives:

1. Identify the latest trends affecting college admissions
2. Explain how to serve your students by integrating data-informed insights
3. Discuss the future of the college admissions counseling landscape
4. List the benefits of NACAC research, professional development, advocacy and publications

Speakers:

- Cameron Hair, *Research and Grants Associate, NACAC*
- Murphy Miller, *Senior Manager, Membership Experience, NACAC*

Audience: Middle School, High School

Level: All Experience Levels

11:30 AM - 12:30 PM CT

MTSS from an Anti-Racist Lens

11:30 AM - 12:30 PM, Monday, July 11

(In Person, Virtual)

Overview:

Learn concrete strategies for aligning your school counseling program with a multitiered system of supports (MTSS) through an anti-racist lens, focusing particularly on systems, data and practices.

Hear how to advocate for and support students of color while dismantling policies and practices that uphold white privilege.

Learning Objectives:

1. Discuss the alignment between school counseling programs and MTSS, through an anti-racist lens
2. Identify concrete strategies for supporting students and advocacy specific to systems, data and practices

Speakers:

- Emily Goodman-Scott, *Associate Professor, Old Dominion University*
- Natalie Edirmanasinghe, *Assistant Professor, Old Dominion University*
- Stephanie Smith-Durkin, *Doctoral Candidate, Old Dominion University*

Audience: All Practice Levels

Level: All Experience Levels

Create Strong Groups for Boys

11:30 AM - 12:30 PM, Monday, July 11

(In Person, Virtual)

Overview:

Research shows there is a significant drop between the number of boys who start ninth grade and the number of boys who graduate from 12th grade, especially minority boys. Research also shows us that 93.1% of people imprisoned are male. To combat these statistics, we must intervene and provide supports to boys prior to high school. Discover ways to create strong boy groups that foster safe spaces for boys to learn responsibility, relationship-building, integrity and respect, self-control, overcoming barriers and more. Leave with ready-to-go resources to implement successful boy groups and additional resources for working with African American and Latino boys specifically.

Learning Objectives:

1. Advocate for the importance and imperativeness for creating boy groups
2. Articulate how boy groups can change school climate
3. Create and implement a boy group that meets the needs of boys within your school
4. Strategize ways to create and collect pre-/post-data to show effectiveness and impact of boy groups on students and school

Speakers:

- Brittany Glover, *Doctoral Student, University of North Carolina at Charlotte*

Audience: Elementary School

Level: All Experience Levels

Lessons from a School Shooting

11:30 AM - 12:30 PM, Monday, July 11

(In Person, Virtual)

Overview:

After a school shooting, one school counselor that although the district crisis response was comprehensive, some gaps existed and the plan didn't address the school counselor's role. The lack of support given to the school counselors and support staff left the school counselors

overloaded and burnt out. Focus on lessons learned and tips for being prepared in case a crisis or tragedy occurs in your school/district.

Learning Objectives:

1. Explain the school counselor's role in crisis prevention and preparation
2. Summarize existing models for crisis prevention, intervention and response.
3. Explain post-crisis awareness and why after any crisis it's important to seek personal care and support

Speakers:

- Michelle Clarke, *Assistant Director of College and Career Engagement, Indiana Department of Education*

Audience: All Practice Levels

Level: All Experience Levels

1:30 PM - 2:30 PM CT

Ethical Dilemmas of a Middle School Counselor

1:30 PM - 2:30 PM, Monday, July 11

(In Person, Virtual)

Overview:

The middle school setting poses its own unique challenges as students develop rapidly across all domains of self. Every day, school counselors navigate issues such as suicide, child abuse and neglect, gender identity and confidentiality, just to name a few. Learn about the ethical issues middle school counselors need to consider.

Learning Objectives:

1. Identify ethical dilemmas common in middle school
2. Describe ethical practices in responding to ethical dilemmas common in middle school

Speakers:

- Sara Carpenter, *School Counselor, Ladue Middle School, St. Louis, MO*

Audience: Middle School

Level: All Experience Levels

Maximize Student Voice for Schoolwide Change

1:30 PM - 2:30 PM, Monday, July 11

(In Person, Virtual)

Overview:

Evidence-based school counseling is using data to identify what needs to be addressed and using what works to address those issues. Research demonstrates that social/emotional learning (SEL) correlates with positive academic outcomes. Unfortunately, in traditional education SEL and academics often run on two separate tracks instead of one. By maximizing student voice, learn how one high school is striving for change in education. Learn to capitalize on using student voice

to create a schoolwide SEL culture, and walk away with data-gathering tools and interventions you can implement in your school.

Learning Objectives:

1. Explain evidence-based school counseling and how student data is used for a SEL focus
2. Discuss why and how staff voice is imperative to drive schoolwide systemic change
3. Examine how SEL and professional learning communities work in tandem to maximize student achievement

Speakers:

- Tina Boone, *School Counseling Department Head, Skyview Middle School, Billings, MT*
- Jeremy Carlson, *Assistant Principal, Skyview Middle School, Billings, MT*

Audience: Middle School

Level: All Experience Levels

Add Bibliocounseling to Your Program

1:30 PM - 2:30 PM, Monday, July 11

(In Person, Virtual)

Overview:

Looking for a new way to breathe life into your classroom instruction or small-group activities? Consider using book studies. Learn to use bibliocounseling and book studies during classroom lessons, small-group counseling and in districtwide professional development. Leave ready to implement a book study in your own school.

Learning Objectives:

1. Explain the theoretical foundation of bibliocounseling and its use in school counseling programs
2. Identify ways to incorporate book studies into classroom instruction and small-group counseling sessions
3. Access tools necessary to implement a book study into your school counseling program

Speakers:

- Rebecca Chambers-Arway, *School Counselor, Polo R-VII Schools, Polo, MO*
- Matthew Berry, *Coordinator of K-12 Counseling, Rockwood School District, Eureka, MO*

Audience: All Practice Levels

Level: All Experience Levels

Pandemic Mental Health Support

1:30 PM - 2:30 PM, Monday, July 11

(In Person, Virtual)

Overview:

Learn about pandemic and post-pandemic interventions you can use to support your students at all three MTSS tiers during the school year. Explore the current research on supporting student mental health during/after the pandemic from organizations such as the U.S. Department of Education and the Centers for Disease Control and Prevention. Walk away with strategies and activities to guide your students to optimal mental health during this challenging time.

Learning Objectives:

1. Summarize recent research encouraging pandemic-related support of student mental health
2. Identify tiered interventions to support your students' pandemic-related mental health needs

Speakers:

- Stephanie Lerner, *School Counselor Program Manager, Texas Education Agency*

Audience: All Practice Levels

Level: All Experience Levels

The School Counselor's Role in Racial Equity

1:30 PM - 2:30 PM, Monday, July 11

(In Person, Virtual)

Overview:

Join district school counselor leaders as they discuss school counselors' role in racial equity work and supporting students and staff after traumatic racial events. Learn strategies to address racial equity, and identify ways to dismantle systemic racism while supporting student and staff social/emotional needs. Examine ways to be an active ally in the fight for racial justice.

Learning Objectives:

1. Identify ways school counselors can be active allies in the fight against systemic racism
2. List ways to support students and staff during major race, hate or bias incidents in your school and community
3. Strategize ways to lead classroom lessons, small groups and individual sessions to increase students' understanding of their identity and those different from them
4. Identify the ASCA Ethical Standards for School Counselors, ASCA School Counselor Professional Standards & Competencies and the ASCA Student Standards addressing the school counselor's role in racial equity and fighting systemic racism

Speakers:

- Derek Francis, *Manager Of Counseling Services, Minneapolis Public Schools, Minneapolis, MN*
- Michelle Sircy, *District School Counseling Specialist, Jefferson County Public Schools, Louisville, KY*

Audience: All Practice Levels

Level: All Experience Levels

2:45 PM - 3:45 PM CT

Advocate for Undocumented Students

2:45 PM - 3:45 PM, Monday, July 11

(In Person, Virtual)

Overview:

With an estimated one million undocumented youth under the age of 18 in the United States, the call to understand the specific needs of undocumented students is vital to the work of a school counselor. By understanding undocumented students' needs, school counselors can identify

resources, support and interventions to close the gaps, promote equity and ensure a sense of belonging for some of the most vulnerable students in education today. Hear about undocumented students' experiences, understand their challenges and know how to address the challenges through all three school domains: academic, social/emotional, and career.

Learning Objectives:

1. Discuss specific challenges undocumented students face in school
2. Describe how to assist undocumented students within the school counselor role
3. Access resources to support undocumented students within the three school counseling domains

Speakers:

- Liliana Ponce, *K-12 School Counseling Specialist, Chicago Public Schools, Chicago, IL*
- Leslie Arroyo, *K-12 School Counseling Specialist, Chicago Public Schools, Chicago, IL*

Audience: High School

Level: All Experience Levels

Collaborative Relationships to Build Student Success

2:45 PM - 3:45 PM, Monday, July 11

(In Person, Virtual)

Overview:

Do you have fun and amazing ideas that support students' needs but aren't sure if your principal will be receptive to them? Have you ever wondered how to speak the language of your administrator so you can effectively advocate for a data-informed school counseling program? Hear key examples from a school counselor and principal about ways to collaboratively focus on what is most important – students.

Learning Objectives:

1. Discuss successful school counselor/administrator initiatives that maximize student success
2. Explain school structures that build positive, collaborative school counselor/administrator relationships
3. Describe how to best advocate for a data-informed school counseling program from an administrator's perspective

Speakers:

- Robin Zorn, *School Counselor, Mason Elementary School, Duluth, GA*
- Merrill Baxley, *School Counselor, Mason Elementary School, Duluth, GA*
- Dave Jones, *Principal, Mason Elementary School, Duluth, GA*

Audience: Elementary School

Level: All Experience Levels

Foundational Skills for Small Groups

2:45 PM - 3:45 PM, Monday, July 11

(In Person, Virtual)

Overview:

Small-group counseling is one of the most efficient and effective ways to have an impact on students' lives. Learning to respond to group members' behaviors in a meaningful way is as important as the curriculum itself. Although a lot of energy is poured into lesson planning, facilitators are often ill-equipped to respond to disruptive behaviors when they arise. Learn how facilitator preparedness can affect group dynamics and participants' experience overall, and walk away with concrete research-based group management skills and strategies.

Learning Objectives:

1. List strategies for responding to disruptive behaviors within a group
2. Evaluate the needs underneath the behaviors of all group members
3. Strategize ways to de-escalate and redirect negative group dynamics

Speakers:

- Rhonda Williams, *Professor Emeritus, University of Colorado-Colorado Springs*
- Sameen DeBard, *School Counselor, Cherokee Trails High School, Aurora, CO*
- Sarah Clapham, *School Counselor, West Middle School, Colorado Springs, CO*

Audience: All Practice Levels

Level: All Experience Levels

Boost Postsecondary Readiness with SEL

2:45 PM - 3:45 PM, Monday, July 11

(In Person, Virtual)

Overview:

College, career and military readiness is often determined by academic readiness, but this is only part of the equation. Social/emotional learning (SEL) and cultivating students' soft skills yields the best results. Developing students' social/emotional skills enhances academic performance and provides students with the tools needed to achieve postsecondary success. Learn practical strategies to use SEL to help students boost their capacity for success in reaching their postsecondary goals.

Learning Objectives:

1. Define and explain what SEL is and why it matters for postsecondary success
2. Use resources to successfully incorporate SEL and postsecondary readiness standards

Speakers:

- Nwakaego Oriji, *Counselor Facilitator, Garland Independent School District, Garland, TX*
- Loree Jones-Huggins, *Coordinator of Counseling Services, Garland Independent School District, Garland, TX*
- Tiffany Gilmore, *Director of Counseling Services, Garland Independent School District, Garland, TX*

Audience: All Practice Levels

Level: All Experience Levels

Implement Districtwide Classroom Lessons

2:45 PM - 3:45 PM, Monday, July 11

(In Person, Virtual)

Overview:

Learn about one district's journey to creating a counseling lesson curriculum for grades pre-K–6. Hear the process for examining state, district and campus needs. Focus on setting goals for improvement and creating a curriculum full of lessons. Learn about the review process for determining if lessons need to be revised or changed, and address adding small-group lesson suggestions to the curriculum.

Learning Objectives:

1. Explain how to look at district and campus data to determine what topics to focus lesson plans around
2. Describe a process to create and gather lesson plans
3. Access a curriculum of lessons and timeline for the year

Speakers:

- Jessica Bradshaw, *School Counselor, Spring Creek Elementary School, Dallas, TX*
- Laura Blatzheim, *Elementary Counselor Support Specialist, Richardson Independent School District, Richardson, TX*
- Paige Pendery, *School Counselor, Northwood Hills Elementary School, Dallas, TX*

Audience: Elementary School

Level: All Experience Levels

4:00 PM - 5:00 PM CT

Identify & Help At-Risk Students

4:00 PM - 5:00 PM, Monday, July 11

(In Person, Virtual)

Overview:

Students are at risk in every school in America. Learn how to determine who your at-risk students are, how to identify which interventions they need and the school counselor's role in this process. When you use evidence-based interventions, students come off the at-risk list and become more successful. Walk through this process with state leaders who helped lead a Title I middle school in reducing its number of at-risk students.

Learning Objectives:

1. Use tools to identify at-risk students
2. Identify interventions that work for at-risk students
3. Discuss research related to at-risk students
4. Explain how one middle school used multitiered system of supports to meet the needs of at-risk students

Speakers:

- Shelly Ellis, *Deputy Superintendent of Student Support, Oklahoma State Department of Education*

- Michelle Strain, *Crisis Team School Counselor, Oklahoma State Department of Education*

Audience: All Practice Levels

Level: All Experience Levels

Quick & Easy SEL Interventions

4:00 PM - 5:00 PM, Monday, July 11

(In Person, Virtual)

Overview:

There's no limit to the number of interventions your school counseling program can provide. By engaging all stakeholders, research-based and data-informed interventions can be implemented for MTSS Tiers 1, 2 and 3. Analyze functions of behavior to intervene with your students based on social/emotional learning (SEL) needs, including academic, social/emotional and postsecondary readiness. This schoolwide approach focuses on whole-child needs, beyond the behavior chart to best intervene and wraparound students in your building.

Learning Objectives:

1. Identify at least one intervention to implement immediately for all three tiers
2. Discuss the SEL-driven functions of behavior
3. Track Tier 1, 2 and 3 progress using data and provided templates

Speakers:

- Heather Bushelman, *School Counselor, Longbranch Elementary School, Union, KY*
- Olivia Ballou, *School Counselor, Longbranch Elementary School, Union, KY*

Audience: Elementary School

Level: All Experience Levels

Teens & Technology

4:00 PM - 5:00 PM, Monday, July 11

(In Person, Virtual)

Overview:

They never put their phones down. They care too much about what's happening online. I can't stand social media. If these are phrases you hear often or say yourself, learn the motivation behind teens' need for constant connection, as well as the emerging trends in teens and technology. Discuss where the school's jurisdiction begins and ends as it relates to student social media use, and address issues of free speech, student discipline and recommended guidance for K–12 educational institutions.

Learning Objectives:

1. Discuss the most up-to-date data on teens and social media use
2. Analyze common tricky situations involving schools and social media
3. Explain the school's legal and ethical responsibilities to students

Speakers:

- Lisa Hinkelman, *Founder, Ruling Our eXperiences (ROX)*

Audience: All Practice Levels

Level: All Experience Levels

Move Anti-Racism Conversations to Action

4:00 PM - 5:00 PM, Monday, July 11

(In Person, Virtual)

Overview:

School counselors are social justice leaders who have the unique ability to disrupt educational inequities, allow student and family voices to be heard, support identity development, advocate and form new structures to ensure all students get what they need to succeed. Listen to lived experiences that serve as a catalyst for movement and change, particularly for the marginalized in our community. Learn practices, strategies and obtain resources to rise, reshape, reflect and ensure all of our students have an anti-racist school counselor.

Learning Objectives:

After attending this session, you will be able to:

1. Explain recent and historic challenges and barriers students and families of color experience
2. Discuss leadership strategies when taking action steps while advocating for students
3. Examine and acknowledge your own biases and identify how to disrupt harmful practices
4. Identify and apply rise, reshape and reflect strategy to support success of all students

Speakers:

- Mia Tatum-Crider, *School Counselor, Glen Hills Middle School, Glendale, WI*

Audience: All Practice Levels

Level: All Experience Levels

Results Reports

4:00 PM - 5:00 PM, Monday, July 11

(In Person, Virtual)

Overview:

Results reports summarize the effectiveness of school counselor activities, provide the basis for informed decision making, improve future practice and serve as powerful advocacy tools with stakeholders.

Learning Objectives:

1. Cite strategic use of results reports
2. Develop all components of the results reports
3. Analyze, employ and share results

Speakers:

- Heidi Truax, *Executive Director, Office of School Counseling and Postsecondary Advising, and ASCA Certified Trainer, Chicago Public Schools and ASCA*

Audience: All Practice Levels

Level: All Experience Levels

Tuesday, July 12

8:30 AM - 9:30 AM CT

Creating Systemic Change

8:30 AM - 9:30 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

The last two years have shined a spotlight on students' academic, career and social/emotional needs. The Oklahoma State Department of Education responded by using \$35 million of its American Rescue Plan money to fund a School Counselor Corps. A total of 181 districts were awarded money to increase the number of certified school counselors and licensed mental health professionals in their schools. Learn how schools used data and a multitiered system of supports to integrate these services to best meet the varied needs of students across the state by empowering school counselors as leaders.

Learning Objectives:

1. Discuss how school counselors served in leadership roles to develop mental health and academic intervention teams at individual sites
2. Examine the data used by schools to determine the goals they set to meet students' needs
3. Discuss how a multitiered system of supports was used to implement and streamline assistance for students

Speakers:

- Shelly Ellis, *Deputy Superintendent of Student Support, Oklahoma State Department of Education*
- Jenna Jones, *School Counselor Corps Program Manager, Oklahoma State Department of Education*

Audience: All Practice Levels

Level: All Experience Levels

Restorative Practice Circles

8:30 AM - 9:30 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

Restorative practices enable all members of the school community to integrate and normalize a collaborative approach by focusing on building, maintaining and repairing relationships among all members of a school. When students feel like they have an increased connection to school, they have more educational motivation, classroom engagement and improved school attendance. Learn to use different types of restorative circles, such as problem solving, academic and attendance circles.

Learning Objectives:

1. Explain how restorative practices build relationships with students, staff and families
2. Start conversations with your administrators, staff and community on the importance of bringing restorative practices to your school
3. Strategize an implementation plan for using restorative circles to decrease suspensions, increase attendance and academic progress
4. Implement conflict resolution circles to improve community and climate within your school

Speakers:

- Bonnie Robbins, *School Counselor, Whittier Middle School, Poland, ME*
- Shawn Vincent, *Principal, Whittier Middle School, Poland, ME*

Audience: All Practice Levels

Level: All Experience Levels

Bridge the School Counselor/Administrator Gap with Data

8:30 AM - 9:30 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

Bridging the worlds of administration and school counseling can be challenging yet achievable and highly rewarding. Analyzing campus data to identify trends and develop common goals can have a high impact not only on student achievement but also on campus culture. Hear from high school counselors with a RAMP-designated program and their principal as they share their experiences using data and how they bridged the gap to develop a unified program for all students.

Learning Objectives:

1. Determine which types of data to include in a school report card
2. Discuss campus and district goals with your principal prior to the annual administrative conference, and consider ways the school counseling department can support these goals
3. Brainstorm ways to advocate for school counseling through data usage

Speakers:

- Shelly Ray, *School Counselor, Grapevine High School, Grapevine, TX*
- Alex Fingers, *Principal, Grapevine High School, Grapevine, TX*
- Mary Parsley, *School Counselor, Grapevine High School, Grapevine, TX*
- Marnie Pape, *School Counselor, Grapevine High School, Grapevine, TX*

Audience: All Practice Levels

Level: All Experience Levels

Engaging Middle School Career Development

8:30 AM - 9:30 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

Ready to have engaging career-focused lessons for middle school students? Be inspired and prepared to host a career day and a career fair, both in-person or virtually, that are geared toward middle school students' unique needs.

Learning Objectives:

1. Design a career day for middle school students
2. Identify a list of free career resources appropriate for middle school students
3. Examine your school's career readiness interventions

Speakers:

- Michelle Shepherd, *School Counselor, Mt. Vernon Community School Corporation, Fortville, IN*
- Erin Heller, *School Counselor, Mt. Vernon Community School Corporation, Fortville, IN*

Audience: Middle School

Level: All Experience Levels

Successful Postsecondary Transitions

8:30 AM - 9:30 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

Help more students transition to postsecondary education or training using the ASCA Student Standards, college signing days and financial aid awareness. Discover successful strategies for schoolwide events, classroom lessons and group activities.

Learning Objectives:

1. Strategize ways to demystify the postsecondary process
2. Create a plan for all students so they have the support and motivation to have a postsecondary plan
3. List tips and tricks to help students understand that postsecondary education and lifelong learning are necessary for long-term career success

Speakers:

- Priscilla Grijalva, *School Counselor, Citrus Hills Intermediate School, Corona, CA*

Audience: All Practice Levels

Level: All Experience Levels

9:45 AM - 10:45 AM CT

Become a RAMP Champion for Your District

9:45 AM - 10:45 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

Chicago Public Schools has journeyed to become a leading RAMP district by layering in support and advocacy for school counselor work from the school to district level. Walk away with three RAMP professional development presentations, a resource folder, the understanding of varying champion roles and a timeline for implementation. Hear first-hand about the different layers of advocacy around RAMP, ranging from the first-time RAMPing school counselor, all the way to the innovative role of a district RAMP coordinator. Walk through a year's timeline of what that looks like, and discover different interactions and professional development opportunities. Become an accountability partner with other school counselors, schools and leaders in your district by making the Chicago Public Schools' model your own.

Learning Objectives:

1. Identify various roles of RAMP champions within a district
2. Explain how to utilize a cultivated RAMP resource folder to advocate for the process
3. Develop a personalized plan to continue the champion work when you return to your own district

Speakers:

- Karen Devine, *School Counselor, Taft High School, Chicago, IL*
- Angela Shanahan, *School Counselor, Foreman High School, Chicago, IL*

Audience: All Practice Levels

Level: All Experience Levels

Address MTSS-Implementation Barriers

9:45 AM - 10:45 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

As more states include alignment with multitiered system of supports (MTSS) in their guiding documents for best practice for school counselors, many school-based teams encounter significant obstacles in early phases of implementation. Building effective, equitable and culturally sustaining systems is challenging work that requires teams to anticipate roadblocks and strategize solutions. Tap into the knowledge of successful school-based teams who develop pathways to clarifying their goals. Learn to select effective Tier 1 practices and identify students in need of Tier 2 and 3 supports using data. Discover evidence-based interventions, make data-based decisions and conduct ongoing evaluation. Address effective MTSS leadership teams, stakeholder engagement and feedback, high-quality technical assistance, adequate resources and community partnerships.

Learning Objectives:

1. Brainstorm ways to troubleshoot common challenges to adopting MTSS on a school or district level
2. Identify key policies and practices necessary to assemble and sustain an effective MTSS team
3. Discuss free or low-cost access to technical assistance for MTSS implementation
4. Discuss free or low-cost evidence-based or research-informed interventions to use with students in need of Tier 2 and 3 support

Speakers:

- Peg Donohue, Associate Professor, Central Connecticut State University
- Jacob Olsen, Assistant Professor, California State University Long Beach

Audience: All Practice Levels

Level: Intermediate

Use Data to Assess Your Effectiveness

9:45 AM - 10:45 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

As school counselors work to make school communities better, equitable and more just for all stakeholders, we need skills to rigorously assess our program's impact. We can then use this data to advocate for our school counseling programs, just like we advocate for students. Learn an easy-to-implement school counseling program outcome research framework to assess your school counseling program's impact on schoolwide academic, behavior and attendance educational outcomes.

Learning Objectives:

1. Collaborate with school community stakeholders to assess the longitudinal impact of your school counseling program on your schools' educational outcomes
2. Collect and then statically analyze your school community's academic, attendance and discipline data

3. Share the results of your research with school community stakeholders to better advocate for your school counseling program

Speakers:

- Katherine Nelson, *Assistant Professor, University of North Dakota*
- Chelsie Smith, *School Counselor, New Town Public Schools, New Town, ND*

Audience: All Practice Levels

Level: All Experience Levels

Support Students of Color

9:45 AM - 10:45 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

Students of color can experience various forms of oppression and discrimination in the public school setting, such as unrecognized academic potential, microaggressions, overrepresentation in discipline, racism and more. Learn how one school counseling team created and implemented a students of color needs assessment tool and a small group to support students navigating these issues. Walk away with assessment and small-group plans to put to use immediately.

Learning Objectives:

1. Discuss the challenges facing students of color in K-12 education
2. Conduct a screening assessment to determine needs of students of color
3. Implement a student of color small group

Speakers:

- Joshua Hurley, *Director of School Counseling, Highland Springs High School, Highland Springs, VA*
- Chantel Washington, *School Counselor, Longan Elementary School, Richmond, VA*

Audience: Middle School

Level: All Experience Levels

Goals to Student Standards

9:45 AM - 10:45 AM, Tuesday, July 12

(In Person, Virtual)

Overview:

Engage in and enhance learning about annual student outcome goals, supplemental data, and ASCA Student Standards. Acquire an easy-to-follow process for moving from doing good work to doing intentional work that creates measurable differences for students.

Learning Objectives:

1. Identify an annual student outcome goal
2. Define and identify supplemental data
3. Select appropriate Mindsets & Behaviors for targeted groups
4. Discuss the link between goals, supplemental data and selection of ASCA student standards

Speakers:

- Joni Shook, ,
- Kristin Barnson, *Elementary Counselor Specialist, Clark County School District, Las Vegas, Nev.*

Audience: All Practice Levels

Level: All Experience Levels

11:00 AM - 12:00 PM CT

Closing General Session – Maria Hinojosa

11:00 AM - 12:00 PM, Tuesday, July 12

(In Person, Virtual)

Overview:

Maria Hinojosa is the anchor and executive producer of the Peabody Award-winning show “Latino USA,” distributed by NPR, as well as co-host of “In The Thick,” Futuro Media’s award-winning political podcast. Hinojosa has informed millions about the changing cultural and political landscape in America and abroad. She is also a contributor to the long-running, award-winning news program “CBS Sunday Morning” and a frequent guest on MSNBC.

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Audience: All Practice Levels

Level: All Experience Levels